

11

“COMMUNITY CONNECTION” PARK COUNTY RESOURCE GUIDE



UNIVERSITY OF WYOMING
EXTENSION



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Children/Adolescents

Child Care Finder

Cody Office

Phone: 307/754-8457

Hours: 7:30 am - 5:30 pm Monday – Friday

Email: ckolesien@cnswyoming.org

Website: cnswyoming.org

Casper Office

Phone: 800/578-4017

Hours: 8 am - 5 pm Monday – Friday

Child Care Finder helps parents find the child care service that best meets their needs. CCF is dedicated to increasing the accessibility and affordability of child care programs; enhancing the development of quality child care services and advancing appropriate child care policies. Child care providers can look to Child Care Finder for training opportunities and technical assistance. Child Care Finder is Wyoming's Child Care Resource and Referral Service network developed by Children and Nutrition Services, funded through the Department of Family Services.

4-H

Cody Office

UW Cooperative Extension Office
1002 Sheridan Avenue, Cody

Phone: 307/527-8560

Hours: 8 am - 5 pm Monday – Friday

Fax: 307/527-8565

Email: kelsey@parkcounty.us

Website: www.uwyo.edu/4-h/

Powell Office

Park County Fairgrounds
655 East 5th, Powell

Phone: 307/754-8836

Hours: 8 am - 5 pm Monday – Friday

Phone: 307/754-5947

4-H is a youth development program that uses project based experiences to teach our youth real life skills to prepare them to become positive members in their communities and world. Its motto is "To Make the Best Better" and we always strive to create greater successes with each child in each project.

On the basic level, 4-H members join and choose projects they are interested in. These projects vary from Rocketry and Robotics to Cooking and Sheep. Then members become part of a club that meets regularly to conduct business, which allows the youth to be a part of a full functioning group. Within their club they perform community service, give presentations and run meetings with parliamentary procedure. In their clubs or during project meetings they learn about their chosen projects and hands-on experiences create a finished project by the end of the year. These finished projects, whether they are a market weight sheep or a walking robot, are displayed and judged at county fair. Throughout this process youth gain numerous skills that include responsibility, mastery, record keeping, and perseverance.

Big Brothers, Big Sisters of Northwest Wyoming

Cody Office

Old Post Office Building
1131 13th Street, Suite 202, Cody

Phone: 800/294-9700

Email: ParkInfo@bbbsnwwy.com

Website: www.bbbsnwwy.com

Big Brothers Big Sisters Mission is to provide children facing adversity with strong and enduring, professionally supported one-to-one relationships that change their lives for the better, forever.

We currently serve hundreds of youth throughout the Big Horn Basin. We provide youth with mentors and friends through our proven match systems. We maintain a strong presence in rural Wyoming by enhancing services in the community and continue to reach out to more rural families each year. Many relationships between Bigs and Littles fall under our Community-Based programs. These are one-to-one outings and activities, doing things they enjoy together, like:

- *Taking a walk in the park*
- *Hiking in the mountains*
- *Horseback riding*
- *Inspiring each other*
- *Listening to music*
- *Hanging out and talking*

At the end of the day, it's really all about starting a friendship, providing guidance and inspiring youth to reach their potential. Imagine the possibilities, what will you START in a child's life?

Boys and Girls Club

Cody Office

308 16th Street, Cody

Phone: 307/527-7871

Hours: 3:30 pm - 7 pm Monday – Friday

Fax: 307/527-7867

Email: Maggiegayman@tctwest.net

Website: www.bgclubs-park.org

Powell Office

815 E. 5th Street, Powell

307/754-0303

3:30 pm - 7 pm Monday – Friday

307/754-8272

tiffanywutzke@tctwest.net

Boys and Girls Club Mission - To inspire and enable all young people, especially those who need us most, to realize their full potential as productive, responsible and caring citizens.

Boys and Girls Clubs programs promote the development of young people by instilling a sense of competence, a sense of usefulness, a sense of belonging and a sense of power or influence. When this strategy is fully implemented, self-esteem is enhanced and an environment is created, which helps boys and girls achieve their full potential.

Bright Futures Mentoring

808 Meadow Lane Avenue, Suite E3, Cody

Phone: 307/527-6688

Hours: 10 am – 2 pm Tuesday, Wednesday

Fax: 307/527-6499

Email: brightfuturesmentoring@gmail.com

Website: brightfuturesmentoring.org

It is our goal to pursue targeted recruitment, professional training and ongoing support of both current and future mentors to ensure that every Cody school-child in need of supportive mentoring can and will be matched to a caring role model appropriate to his or her needs.

Community Based Mentoring matches adults with Cody youth who have similar interests. They spend time together at the schools during the school day, for an average of one to two hours per week.

In-School Mentoring matches adults with Cody youth and they spend time together at the schools during the school day, for an average of one to two hours per week.

High School Mentoring matches Cody High School students with elementary students and they spend time together at the school during the school day.

Self-Esteem Mentoring matches professional men and women with youth for activities that foster self-esteem. These mentors attend monthly educational gatherings with the youth, as well as spend time with them on a more informal basis, for an average of four hours per month.

Gifted & Talented Mentoring matches high school STARGATE students with mentoring professionals.

Boy Scouts of America – Big Horn District

Contact: Tony Humphries – District Executive

Phone: 307/254-3145

Email: thumphri@bsamail.org

Website: www.wyoscouts.org/bighornbasin.htm
www.scouting.org

Spanning over half of the State of Wyoming, the Central Wyoming Council of the Boy Scouts of America provides service for boys from age 8 to 21. Boy Scouts of America is one of the nation's largest and most prominent values-based youth development organizations. The BSA provides a program for young people that builds character, trains them in the responsibilities of participating citizenship, and develops personal fitness. For over a century, the BSA has helped build the future leaders of this country by combining educational activities and lifelong values with fun. The Boy Scouts of America believes – and, through over a century of experience, knows – that helping youth is a key to building a more conscientious, responsible, and productive society.

Girl Scouts of Montana and Wyoming

2303 Grand Avenue
Billings, MT 59102

Phone: 800/736-5243 ext. 2017

Fax: 406/252-4063

Email: brianar@gsmw.org

Website: www.gsmw.org

Leadership experiences are what make Girl Scouting unique. Wherever you chose to put your energies, we'll help you discover new opportunities, connect with new friends, and make a difference in the world around you. Senators, athletes, astronauts, and many more professional women received their first steps towards leadership in Girl Scouts. Girl Scouts provides experiences that will challenge you—helping you figure out what you want to do with your life, taking you to incredible places, and bringing you to new heights of personal achievement. From Girl Scout Daisy to Girl Scout Ambassador, your journey begins with the Girl Scout environment. Among other girls—away from school pressures, social cliques, and boys—you can be yourself and try new things. At Girl Scouts, activities are girl-led. You'll learn by doing, and participate in opportunities as varied as the world—so you can “try on” different leadership roles and choose the ones that fit you best. Girl Scouts helps you discover the leader you can be, and connect with others to have an effect on your world. Get started in Girl Scouting today.

ASAP (Afterschool Activities Program)

Eastside Elementary School

801 17th Street

Phone: 307/250-8362, 307/587-0400

Hours: Monday - Thursday afternoons Eastside Elementary; Friday afternoon Paul Stock Aquatic & Recreation Center

Fax: 307/587-2565

Email: asap@cityofcody.com

Website: www.cityofcody-wy.gov/parks_recreation.cfm?id=32

ASAP takes pride in the highly qualified and enthusiastic staff that has day-to-day contact with your child. Each day staff works with students in diverse settings on interactive, stimulating and sometimes messy projects. Positive parent-staff relationships are a powerful bonus to our program. Each afternoon students enjoy a nutritious snack before taking part in academic-based, enrichment Wackivities and HomeFun tutoring, if needed. New for this school year is Club ASAP, offered the 2nd full week of each month with topics and activities on sports, icky science, STEM (Science, Technology, Engineering & Math) cooking, reader's theatre, puzzles and more. ASAP is available for all youth in K thru 6th grades. The public is always welcome to stop by and join in on the ASAP fun!

Meeteetse Rec Kids

2131 Nebraska Street, Meeteetse

Phone: 307/868-2612

Hours: see below

Fax: 307/868-2603

Email: meetrec@tctwest.net

Website: www.meetrec.org

This facility includes a large activity room for recreational activities and dance, a kitchen, restroom, activity tables for an assortment of arts and crafts, a homework nook, smart board, and education IPADS. After School Programs run during the months of September through May every Tuesday and Thursday from 3:15-5:30. Summer Programs begin in June and run through the first week of August. Classes are held Monday through Friday from 8:00 a.m. until 1:00 p.m. Both programs are open to students ages K through age 12.

Powell After School Club

160 N. Evarts (PCSD #1)
Meets at your local school

Phone: 307/764-6186

Hours: Monday thru Thursday, after school

Fax: 307/764-6156

Website: www.park1.net/Pages/After%20School%20Program.html

We strive to expose children to a variety of new and exciting experiences. The program provides students in grades K-5 with chances to unwind, explore and experiment, discover new ideas, work cooperatively in small groups, and enjoy large group activities.

Powell After School Club incorporates the values of caring, honesty, respect, and responsibility into play, learning, and social activities. This, combined with daily outdoor activities, gives school-age children the time and opportunity to exercise and strengthen their continually growing bodies and minds.

This is our district's contribution to countering our nation's growing epidemic of childhood obesity. Students should have a "brain break." These core components give all children a variety of activities to choose from during their after-school time with us. The activities are age-appropriate, recreational, and fun!

Every afternoon from Monday-Thursday, students will be released from school and head to the gym at their school where they can experience something new and exciting each day.

- *Mechanic Mondays are designated as technology day, each Monday there will be something a little different relating to computers and other technology.*
- *On Tasty Tuesdays, the kids will get to be chefs and make their own snacks.*
- *Wacky Science Wednesdays give the students a chance to do a different science project each week.*
- *This and That Thursdays will bring a different kind of activity each Thursday, from attending readers' theatre to building a Lego city, kids will get to experience something new each week.*

Safe Kids Park County

Park County Public Health
1002 Sheridan Avenue

Phone: 307/527-8570

Hours: 8 am - 5 pm Monday - Friday

Fax: 307/527-8575

Email: smerritt@parkcounty.us

Website: www.safekidswyoming.org

Safe Kids Wyoming and its network of coalitions are members of Safe Kids Worldwide, a global network of organizations dedicated to preventing accidental injury for children ages 0 – 14 years. Accidental injury is the leading cause of death for children ages 0 – 14. Safe Kids Park County is the local Safe Kids coalition;

established in 2004. Safe Kids Park County is committed to reducing unintentional injuries in Park County by providing safety education, events, and activities that target children and families.

Cody Recreation District

Paul Stock Aquatic and Recreation Center
1402 Heart Mountain Street

Phone: 307/587-0400

Hours: Open 7 days a week - please refer to website or location for seasonal hours

Fax: 307/587-2565

Website: www.cityofcody-wy.gov

This state-of-the-art facility hosts many special events and tournaments throughout the year, including swim meets, basketball tournaments, racquetball tournaments, Halloween carnival and other seasonal events, and a variety of other special functions. The Paul Stock Aquatic & Recreation Center features all of the following and more:

- *gymnasium housing three full-length basketball courts and a suspended walking and jogging track*
- *cardiovascular and weight training exercise equipment*
- *multipurpose space for meetings, classes and programs*
- *aquatic center with 8 lane x 25 yard lap pool with diving well, therapy pool, leisure pool, water slide, Jacuzzi spa, and wet steam room*
- *two enclosed courts for racquetball, handball, wallyball and squash*
- *child care area*
- *food and beverage concessions*
- *towel and locker rentals*

Powell Recreation District

Homesteader Park
501 Homesteader Court

Phone: 307/754-5711

Hours: 8 am – 5 pm Monday - Friday

Fax: 307/754-5712

Email: kris.lucus@tctwest.net

Website: www.powellrec.com

The Powell Recreation District provides healthful recreation programs and activities year-round to meet the needs of both adults and youth participants. Our activities include youth gymnastics, Taekwondo, basketball, soccer, Zumba classes and much, much more. Visit our website to check out the variety of programs that we offer.

Meeteetse Recreation District

1010 Park Avenue

Phone: 307/868-2603

Hours: 8 am – 4 pm Monday - Friday

Fax: 307/868-2603

Email: meetrec@tctwest.net

Website: www.meetrec.org

This facility includes a large activity room for recreational activities and dance, a kitchen, restroom, activity tables for an assortment of arts and crafts, a homework nook, smart board, and education iPads. The Meeteetse Recreation District offers many activities throughout the year for both Adults and Children. The Meeteetse Recreation District is the public transit provider for the community of Meeteetse. We transport kids on field trips, as well as provide transportation for senior citizens for their medical or social needs. Also, this service is for those who need to rely on public transportation.

The Meeteetse Recreation District, in conjunction with the Shoshone National Forest, operates the Wood River Valley Cross Country Ski Park. We also offer a lodging cabin year around on the South Fork of the Wood River.

The Meeteetse Recreation District leases the Community Swimming Pool from the Meeteetse Community Joint Powers Board and offers pool activities year around for the community of Meeteetse. We staff the pool and offer swim lessons every summer for the kids in the surrounding area.

The District is a non-profit organization, which is here to meet the recreational needs of our community.

Wyoming Department of Family Services

Cody Office

1301 Rumsey Avenue
Cody, WY 82414

Phone: 307/587-6246

Website: dfsweb.state.wy.us

Powell Office

109 W. 14th St
Powell, WY 82435

Phone: 307/754-2245

Economic Assistance Division

Food assistance (Supplemental Nutritional Assistance Program (SNAP), health care (Medicaid), home heating (Low Income Energy Assistance Program (LIEAP) (pronounced lee-ap). Helping people with dependent children needing employment opportunities (Personal Opportunities With Employment Responsibilities (POWER), helping needy families achieve self-sufficiency (Temporary Assistance for Needy Families (TANF). Coordinate with WY Dept of Health to connect people to WIC and KidCare/CHIP (health care). Knowledgeable about other resources in community.

Early Childhood Development Division

Focus on improving the quality of and access to child care, work to ensure the safety of children in out-of-home care facilities, including child care programs and youth residential programs through the licensing of these facilities and technical assistance. Administer the Child Care Development Fund (CCDF) to help low-income families pay for child care.

Juvenile Services Division

Responsible for the court ordered supervision of adjudicated delinquents and children in need of supervision (CHINS). Responsible for placement and monitoring of children in crisis or in need of services. Oversees the

Wyoming Boys' School and Wyoming Girls' School. Oversee the central registry, a database of substantiated abuse and neglect perpetrators.

Protective Services Division

Goal is to assure children and vulnerable adults are safe. Wyoming Family Services is required by law to investigate and provide services to children who have been abused and neglected. Services can include foster care, in-home services and, if needed, residential treatment centers to address issues stemming from emotional and physiological trauma. For vulnerable adults, including elders and those who have developmental delays, Family Services staffers connect those adults, caregivers and families with services and referrals within the community to help create or maintain a safe living environment.

Financial Services Division

Financial Services Division coordinate to provide personal computers/Local Area Networks (PC/LAN) for every division, support public assistance quality control, support for the prosecution, recovery investigations, collections, enforcement of state statute concerning the collection and distribution of state and federally funded benefits, manage the State Disbursement Unit (SDU) to ensure timely distribution of child support payments, and cost allocation, accounting and budgeting.

Churches

Assemblies of God

Assembly of God

1532 Bleistein Avenue
Cody, WY 82414
307/527-7339

Glad Tidings Assembly of God

777 East 7th
Powell, WY 82435
307/754-2333

Baptist

Grace Baptist Church

4 Southfork Road
Cody, WY 82414
307/587-6262

First Baptist Church of Powell

550 Kattenhorn Drive
Powell, WY 82435
307/754-3639

First Baptist Church

801 Gerrans Avenue
Cody, WY 82414
307/587-3687

Wapiti Valley Church

3122 North Fork Highway
Wapiti, WY 82414
307/587-4789

Trinity Bible Church

507 North Clark Street
Powell, WY 82435
307/754-2660

First Southern Baptist Church

700 East Madison Street
Powell, WY 82435
307/754-3990

Yellowstone Baptist Church

99 Southfork Road
Cody, WY 82414
307/587-5995

Church of Christ

Church of Christ

1826 Stampede Avenue
Cody, WY 82414
307/587-3311

Church of Christ

749 US Highway 14A
Powell, WY 82435
307/754-7250

Church of God of Anderson, Indiana

Mountain View Community Church

2926 Big Horn Avenue
Cody, WY 82414
307/587-5437

Church of Jesus Christ of Latter-day Saints

Cody Mural Visitor Center

1719 Wyoming Avenue
Cody, WY 82414
307/587-3290

Cody Seminary

1025 Alger Avenue
307/587-3174

Stake Office

1407 Heart Mountain Street
Cody, WY 82414
307/587-5996

1st Ward

1719 Wyoming Avenue
Cody, WY 82414
307/587-3855

2nd Ward

1407 Heart Mountain Street
Cody, WY 82414
307/587-4840

3rd Ward

1407 Heart Mountain Street
Cody, WY 82414
307/587-5694

Institute and Seminary

730 North Division Street
Powell, WY 82435
307/754-4259

Family History Center and Hall

525 West 7th Street
Powell, WY 82435
307/754-2110

Meeteetse Ward

1716 Hayes Ave
Meeteetse, WY 82433
307/868-2424

Northwest College Ward

525 West 7th Street
Powell, WY 82435
307/754-5631

2nd Ward

252 West 7th Street
Powell, WY 82435
307/754-3547

3rd Ward

1026 Avenue E
Powell, WY 82435
307/754-8002

Lutheran

Trinity Lutheran Church

3401 Sheridan Avenue
Cody, WY 82414
307/587-2436

Hope Lutheran Church

Cary & Avenue H
Powell, WY 82435
307/754-4040

Christ the King

1207 Stampede Avenue
Cody, WY 82414
307/587-3025

Immanuel Lutheran Church

223 East 5th Street
Powell, WY 82435
307/754-3168

Methodist United

Cody Methodist Church
1405 Beck Avenue
Cody, WY 82414
307/587-4430

First United Methodist Church

137 West 2nd Street
Powell, WY 82435
307/754-3160

Cody United Methodist Church

2019 Newton Avenue
Cody, WY 82414
307/587-2556

Nazarene

Church of the Nazarene

808 Skyline Drive
Cody, WY 82414
307/587-4397

Harvest Community Church of the Nazarene

364 West Park Street
Powell, WY 82435
307/754-4842

Bible

Cody Bible Church

2137 Cougar Avenue
Cody, WY 82414
307/527-4488

Catholic

Catholic Center

335 North Absaroka Street
Powell, WY 82435
307/754-3367

Newman Center

674 North Absaroka Street
Powell, WY 82435
307/754-9220

St Anthony's Church

1333 Monument
Cody, WY 82414
307/587-3388

St Anthony's Church

Religious Education Center
Cody, WY 82414
307/587-2567

St Barbara's Catholic Church

115 East 3rd Street
Powell, WY 82435
307/754-2480

Saint Theresa's Catholic Church

1402 State St
Meeteetse, WY 82433

Christian

Cody Christian Church

2637 Sheridan Avenue
Cody, WY 82414
307/527-7431

Christian & Missionary Alliance Church

147 Cooper Lane East
Cody, WY 82414
307/587-3418

Episcopal

Christ Episcopal

825 Simpson Avenue
Cody, WY 82414
307/587-3849

Saint Andrews Episcopal Church

1116 Park Ave
Meeteetse, WY 82433
307/868-2534

St. John's Episcopal Church

308 Mountain View
Powell, WY 82435
307/754-4000

Jehovah's Witnesses

Jehovah's Witnesses

2702 Cougar Avenue
Cody, WY 82414
307/587-4931

Non-Denominational

Garland Community Church of God

900 Sheridan Avenue
Powell, WY 82435
307/754-3775

Light of Christ

107 North Bent Street
Powell, WY 82435
307/754-4423

Living Hope Community Church

305 South Evarts Street
Powell, WY 82435
307/754-7917

Meeteetse Community Church

945 State St
Meeteetse, WY 82433
307/868-2233

New Life Christian Fellowship

804 Road 8 ½
Powell, WY 82435
307/754-0424

Open Bible

Open Gate Fellowship Church

3219 Sheridan Avenue
Cody, WY 82414
307/527-6231

Presbyterian

First Presbyterian Church

2025 23rd Street
Cody, WY 82414
307/587-2647

Presbyterian Church

329 North Bent Street
Powell, WY 82435
307/754-2491

Seventh Day Adventist Church

Seventh Day Adventist Church

225 East 6th Street
Powell, WY 82435
307/754-2129

Disability

Children Special Health Services (CSH)

Cody

1002 Sheridan Avenue
Cody, WY 82414

Phone: 307/527-8570

Hours: 8 am – 5 pm Monday - Friday

Fax: 307/527-8575

Website: health.wyo.gov/main/divisionsprograms.html

Powell

307/754-8870

Children's Special Health (CSH) is a program for Wyoming children and youth with special health care needs (CYSHCN) who require something beyond routine and basic care. Wyoming's CSH program is funded through Title V of the Social Security Act and state matching funds in order to do the following:

- Provide and promote family-centered, community-based, coordinated care for children and youth with special health care needs (CYSHCN)
- Facilitate the development of community-based systems of services
- Support core public health functions such as resource development, capacity building, public information, technical assistance to communities, provider training, and gathering and analyzing data
- Build community capacity via training, technical assistance, and financing
- Provide direct healthcare services to children and families as a way to fill gaps in services

Services provided by Wyoming's CSH program include:

- Coordination of care: helping families access services in their community
- Financial assistance for qualifying medical conditions (see eligibility for more information)
- Genetics and specialty care clinics
- Funds for translation services required by CSH clients
- Limited funding for transportation
- Diagnostic evaluation to determine diagnosis
- Some equipment and medications

Dept. Workforce Services/Division of Vocational Rehab

1026 Blackburn Avenue, Suite 3
Cody, WY 82414

Phone: 307/527-7174

Toll free: 877/473-7207

Website: wyomingworkforce.org

Vocational Rehabilitation serves residents of Wyoming who have a mental health and/or physical disability that creates a barrier to employment and who are seeking gainful employment. This office serves Park and Big Horn counties. The goal of vocational rehabilitation is to help people with disabilities gain or maintain employment by providing vocational guidance and counseling, career counseling, assistance with training, job coaching, job development, wages for work experience, and assessment and diagnostic documentation. Clients may call the Cody Office to receive an intake packet and they will be assigned a certified rehabilitation counselor to complete the application process. Wyoming Department of Workforce Services is funded through federal and state funding and the Division of Vocational Rehabilitation specifically receives funding from the Rehabilitation Services Administration federally and the State of Wyoming as determined by the Wyoming Legislature.

Education, Schools, Libraries

Children's Resource Center

Central Office

558 East 2nd Street
Powell, WY 82435

Phone: 307/754-2864

Hours: 8 am - 4 pm Monday – Friday

Fax: 307/527-7867

Email: crcadmin@bresnan.net

Website: crcregion1.org

Administration

1302 Beck Avenue, Suite B
Cody, WY 82414

307/587-1331

Cody Center

2531 Cougar Avenue
Cody, WY 82414

307/527-7060

Children's Resource Center (CRC) believes that each child is a unique individual and through early intervention has the right to develop to his/her maximum potential. Children's Resource Center is an agency uniquely designed to serve the child with or without developmental disabilities and their families.

Program services include:

- *Developmental Screenings*
- *Infant Stimulation and Socialization*
- *Special Instruction and Education*
- *Speech and Language Therapy*
- *Occupation Therapy*
- *Physical Therapy*
- *Vision Screening*
- *Hearing Screening and Services*
- *Family Services and Coordination*
- *Psychological Services*
- *Assistive Technology*
- *Medical Service for Diagnostic/Evaluation Purposes*
- *Child Development Education for Families*
- *Community Resource for All Families, Birth to 5 year old screenings*

Cooperative Extension Services, University of Wyoming

Cody Office

P.O. Box 3099
1002 Sheridan Avenue
Cody, WY 82414

Phone: 307/527-8560

Fax: 307/527-8565

Website: www.uwyo.edu/ces

Powell Office

655 East 5th Street
Powell, WY 82435

307/754-8863

307/754-5940

Community development, sustainable agriculture and natural resources, rangeland management, nutrition, food safety, and 4-H/youth development — the University of Wyoming Extension focuses on issues that

matter most to you! UW Extension helps Wyoming citizens and communities respond to challenges and changes. We have offices in each of the state's 23 counties and the Wind River Indian Reservation. Although our roots are in agriculture, UW Extension has broadened its educational mission to encompass many of the contemporary challenges facing Wyoming's people and its rural communities.

Absaroka Head Start

Cody Office

P.O. Box 474
308 16th Street
Cody, WY 82414

Phone: 307/527-6454

Email: cody1@abhs.org

Website: www.abhs.org

Powell Office

P.O. Box 863
137 West 2nd Street
Powell, WY 82435

307/754-2013

Absaroka Head Start is centered on children under the age of five and their families. All segments of the program recognize the parent(s) as the first teacher(s) of the child, so that a children's physical, intellectual, and emotional development is encouraged and maximized to its full potential. Children enrolled in the center-based model attend school four days per week and Fridays are Enrichment Days in which half of the children come for individualization.

Park County School District #6

Administrative Office

919 Cody Avenue
Cody, WY 82414

Phone: 307/587-4253

Website: www.park6.org

Eastside Elementary

801 17th Street
Cody, WY 82414

Phone: 307/587-4275

Glenn Livingston Elementary

2001 12th Street
Cody, WY 82414

Phone: 307/587-4271

Sunset Elementary

3101 East Sheridan Ave
Cody, WY 82414

Phone: 307/587-4279

Valley Elementary

3566 South Fork Rd.
Cody, WY 82414

Phone: 307/587-3287

Wapiti Elementary

3167 N Fork Hwy.
Wapiti, WY

Phone: 307/587-3947

Cody Middle School

2901 Cougar Ave
Cody, WY 82414

Phone: 307/587-4273

Cody High School

1225 10th Street
Cody, WY 82414

Phone: 307/587-4251

Park County School District #16

Meeteetse School (K-12)

2107 Idaho St.
Meeteetse, WY 82433

Phone: 307/868-2501

Fax: 307/868-9264

Park County School District # 1

Administrative Office

160 North Evarts St.
Powell, WY 82435

Phone: 307/764-6186

Website: www.park1.k12.wy.us

Clark Elementary

363 Road 1AB
Powell, WY 82435

Phone: 307/645-3241

Parkside Elementary

125 S. Douglas
Powell, WY 82435

Phone: 307/764-6281

Southside Elementary

278 E. Monroe
Powell, WY 82435

Phone: 307/764-6183

Westside Elementary

555 Grand
Powell, WY 82435

Phone: 307/764-6184

Powell Middle School

369 E St
Powell, WY 82435

Phone: 307/764-6185

Powell High School

1151 E. 7th St
Powell, WY 82435

Phone: 307/764-6181

Shoshone Learning Center

140 N. Ferris
Powell, WY 82435

Phone: 307/764-6187

Park County Libraries

Cody Branch

1500 Heart Mountain Street
Cody, WY 82414

Phone: 307/527-1880

Hours: 9 am – 8 pm Monday – Thursday

9 am – 5 pm Saturday

1 pm – 4 pm Sunday

Fax: 307/527-7867

Powell Branch

217 East 3rd Street
Powell, WY 82435

307/527-8828

9 am – 5:30 pm M, T, W, F

9 am – 8 pm Thursday

9 am – 1 pm Saturday

Website: www.parkcountylibrary.org

Meeteetse Branch

P.O. Box 129
2107 Idaho Street
Meeteetse, WY 82433

Phone: 307/868-2248

Hours: 7:30 am – 6:30 pm Monday - Friday

The libraries of the Park County Library System endeavor to provide the people of Park County with the power that information brings. The Park County Library System provides welcoming places for intellectual stimulation, personal enjoyment, and the discovery of ideas using traditional and emerging technologies.

Northwest College

Main Campus

231 W 6th St
Powell, WY 82435

Phone: 307/754-6000

Website: www.northwestcollege.edu

Cody Center

1501 Stampede Avenue
Cody, WY 82414

307/754-7820

Northwest College provides quality education at an affordable price. The small class sizes allow for more individualized attention. NWC provides all the advantages of a four year school with all the benefits of a small 2-year school.

Northwest College - Adult Basic Education Program

Cody Office

Cody Workforce Center
1026 Blackburn Avenue

Phone: 307/754-7837

Website: www.northwestcollege.edu/abe/adulted@northwestcollege.edu

Powell Office

Northwest College
1397 Fort Drum Drive

307/754-6280

- Prepare for and take the GED examination
- Increase your reading, writing, and math skills
- Learn English as a second language
- Develop résumé, cover letter, and interviewing skills
- Improve your college placement test scores

Northwest College - Project Succeed

Phone: 307/754-6290

Website: www.northwestcollege.edu/projectsucceed/

Project Succeed offers free student support services. Our mission is two-fold: to help our participants stay in college in good academic standing until they graduate or transfer and to help ensure an institutional climate supportive of our students.

Northwest College Center for Training and Development

Cody Center

1501 Stampede Avenue
Cody, WY 82414

Phone: 307/587-3897

Email: CodyCTD@northwestcollege.edu

Website: www.northwestcollege.edu/ctd

Powell Office

1397 Fort Drum Drive
Powell, WY 82435

307/754-6062

PowellCTD@northwestcollege.edu

Provides superior quality training programs for communities and businesses throughout the Big Horn Basin. Classes are offered in the classroom and online. We can offer customized solutions for your organization.

Parent Information Center/Parent Education Network

220 N Division St
Powell, WY 82435

Phone: 307/272-1153

Website: www.wpic.org www.wpen.org

PIC/PEN serves to help families become more active in their children's learning and education, to serve and support children with and without disabilities through advocacy, education, and referral.

Serves: Cody, Powell, Greybull, Worland, Lovell & Thermopolis

Powell Valley Community Education (PVCE)

West Trapper Village Community Complex
1397 Fort Drum Drive
Powell, WY 82435

Phone: 307/754-6469

Email: pvce@northwestcollege.edu

Website: www.northwestcollege.edu/pvce

Powell Valley Community Education's goal is to provide lifelong learning opportunities to area residents and guests. Community education classes, workshops, and seminars include an extensive variety of topics and carry no college or high school credit.

Emergency Assistance

St. Andrew's Community Outreach Thrift Store

1118 Park Ave.
Meeteetse, WY 82433

Hours: 11 am - 3 pm Saturday and anytime there is a need
Phone: 307/868-2254

Resources: Will help with almost anything truly needed. The store itself can provide clothing and household items free of charge to those who cannot pay. The money raised is used for other needs, here and elsewhere. This could include gas for a family traveling through, a night at a motel, day care for someone who can't afford it, gas to travel for medical appointments, and so on. There are no restrictions or qualifications. No application process.

Sponsored and supported by St. Andrew's Episcopal Church. All proceeds from sales go for outreach.

Red Cross of Wyoming

Phone: 307/638-8906
Website: www.wyomingredcross.org

Mission Statement: The American Red Cross, a humanitarian organization led by volunteers and guided by its Congressional Charter and the Fundamental Principles of the International Red Cross Movement, will provide relief to victims of disasters and help people prevent, prepare for and respond to emergencies.

Provides food, shelter, mental and physical health services in response to natural and man-made disasters, (fires, floods, hazardous material spills, etc.). Also provides training in CPR, First Aid, AED, swimming, lifeguarding, and caregiving programs (1-800-733 2767 option 3).

Crisis Intervention Services

Cody
1220 13th Street
Cody, WY 82414
Phone: 307/587-3545
Toll Free: 877/864-9688
Hours: 9 am -5 pm, 24-hour hotline

Powell
335 N. Gilbert Street
Powell, WY 82435
307/754-7959

Crisis shelter and support for victims of sexual or domestic abuse. Helps victims find housing, jobs, and counseling services.

Employment

Job Corps (Youth Adults)

Phone: 800/733-5627

Website: www.jobcorps.org

Job Corps is a free education and training program that helps young people learn a career, earn a high school diploma or GED, and find and keep a good job. For eligible young people at least 16 years of age that qualify as low income, Job Corps provides the all-around skills needed to succeed in a career and in life. Veterans: Transitioning from the military and starting a new career can be challenging.

Wyoming Department of Workforce Services

Cody Workforce Center

1026 Blackburn Street, #1
Cody, WY 82414

Phone: 307/587-4241

Hours: 8 am – 5 pm Monday - Friday

Fax: 307/587-8247

Website: www.wyomingworkforce.org
www.wyomingatwork.com

In conjunction with its Business Service offerings, the Department of Workforce Services also has a number of programs available for individuals seeking jobs throughout the state. Whether you have been laid off, disabled, otherwise unemployed or simply wanting to change career direction, the Department of Workforce Services can assist you with obtaining the type of employment best suited for you. Among the services offered by the Department of Workforce Services and its partners to those seeking employment are:

- *Alien Labor Certification*
- *Career Aptitude Testing*
- *Career Exploration Services*
- *Employment & Training for Self-Sufficiency*
- *Federal Bonding Program*
- *Food Stamp Employment & Training Program*
- *Labor Market Information*
- *Migrant Seasonal Farm Worker Program*
- *Senior Community Service Employment Program*
- *Temporary Assistance for Needy Families Work Program*
- *Veterans Services*
- *Vocational Rehabilitation*
- *Workforce Development Training Fund*
- *Workforce Investment Act Program*
- *Welfare-To-Work Tax Credit Program*
- *Work Opportunity Tax Credit Program*
- *Wyoming At Work*

Powell Workforce Center

7th & Beckman
Powell, WY 82435

Phone: 307/754-6436

Hours: 8 am – 5 pm Monday - Friday

Fax: 307/754-6414

Website: www.wyomingworkforce.org
www.wyomingatwork.com

Vocational Rehabilitation

1026 Blackburn Street, #3
Cody, WY 82414

Phone: 307/527-7174

Hours: 8 am – 5 pm Monday - Friday

Fax: 307/527-4251

Toll Free: 877/473-7207

Website: www.wyomingworkforce.org

The Department of Workforce Services is committed to helping people with disabilities establish and reach vocational goals that help them become productive working citizens. During any given year, the Department of Workforce Services' Vocational Rehabilitation Program actively works with more than 4,000 of Wyoming's citizens with disabilities, and, on average, approximately 700 of those citizens successfully complete a rehabilitation program and enter the workforce. For every dollar spent on Vocational Rehabilitation services, a consumer earns, on average, \$11 in increased taxable income.

The Department of Workforce Services' Vocational Rehabilitation Division can provide only those services which are necessary for eligible individuals to reach the employment goal agreed to in the Individualized Plan for Employment. These services may include, but are not limited to:

- *Eligibility Assessment*
- *Counseling and Guidance*
- *Referral Services*
- *Job Search and Placement Assistance*
- *Job Retention and Career Follow-Up*
- *Vocational and Other Training Services*
- *Facilitation of diagnosis and treatment of physical and mental impairments*
- *Transportation Services*
- *Personal Assistance Services*
- *Deaf & Blind Interpretive Services*
- *Rehabilitation Teaching Services*
- *Occupational Licenses, Tools and Equipment*
- *Self-Employment Opportunities*
- *Rehabilitation Technology Services*
- *Transition Services (from school-to-work)*
- *Supported Employment Services*

The criteria for determining eligibility for Vocational Rehabilitation Services are as follows:

- *The individual has a physical or mental impairment*
- *The impairment constitutes or results in a substantial impediment to employment*

- *The individual shall be presumed to be able to benefit in terms of an employment outcome from the provision of VR services unless there is clear and convincing evidence that the applicant is incapable of benefiting in terms of an employment outcome from VR services*
- *The applicant requires services to prepare for, enter into, engage in, regain, or retain gainful employment consistent with the applicant's strengths, concerns, abilities, capabilities and informed choice*

For more information, please contact the office location nearest you.

Wyoming Department of Workers Compensation

1026 Blackburn Avenue, #4
Cody, WY 82414

Phone: 307/527-5609

Hours: 8 am – 5 pm Monday - Friday

Fax: 307/527-5053

Website: www.wyomingworkforce.org

Wyoming Workers' Safety and Compensation can help you find information about reporting an injury in the workplace, disability benefits, links to OSHA, and related subjects.

Please browse our site or use the Info Finder to search for information on the various safety and compensation-related areas we cover.

- *Administrative and Fiscal Services*
- *Business Analyst*
- *Case Support Services*
- *Claims*
- *Information Technology*
- *Internal Audit and Compliance*
- *Medical Commission*
- *Occupational Health and Safety*
- *Settlement Specialist*
- *Training*

Workforce Investment Act Youth Training Program

1026 Blackburn Street
Cody, WY 82414

Phone: 307/587-4241

Hours: 8 am – 5 pm Monday - Friday

Fax: 307/587-8247

Email: jdeloz@state.wy.us

Website: www.wyomingatwork.com

Youth are individuals aged 14 - 21. Services are provided to eligible youth seeking assistance in achieving academic and employment success. The following services can be provided to eligible youth:

- Tutoring, study skills training and instruction leading to completion of secondary school, including dropout prevention strategies
- Alternative secondary school services
- Summer employment opportunities that are directly linked to academic and occupational learning
- Paid or unpaid work experiences, including internships and job shadowing
- Occupational skill training
- Leadership development opportunities, which may include community service and peer-centered activities encouraging responsibility and other positive social behaviors during non-school hours
- Supportive services
- Adult mentoring for the period of participation and a subsequent period, for a total of not less than 12 months
- Follow-up services for not less than 12 months after the completion of participation
- Comprehensive guidance and counseling, which may include drug and alcohol abuse counseling and referral

Yellowstone Country Assistance Network

661 Wyoming Ave, Suite 1
Powell, WY

Phone: 307/754-2073

Website: <http://www.ycanwyoming.com/>

The purpose of the Agency is to promote the reduction of poverty, the revitalization of low-income communities, and the empowerment of families and individuals in our service area to achieve economic self-sufficiency and maintain personal independence. We provide employment resources, income management, housing assistance, emergency services (utilities, medical, transportation, etc), nutrition assistance, and self sufficiency assistance.

The Yellowstone Country Assistance Network is a private, non-profit corporation chartered under the Wyoming Community Services program.

Food/Nutrition

Cent\$ible Nutrition

Mailing address:

PO Box 3009
Cody, WY 82414

Physical address:

1001 Sheridan Ave.
Cody, WY 82414

Phone: 307/527-8560

Hours: 8 am – 12 pm & 1 pm – 5 pm Monday - Friday

Email: dkelly@parkcounty.us

Website: www.parkcounty.us/extension/uwextension

The Cent\$ible Nutrition Program offers cooking lessons for those on a limited income. These lessons help participants to shop smarter at the grocery store and to promote cooking from scratch. This program is grant funded by the SNAP program through the United States Department of Agriculture.

Funded by two federal grants, Cent\$ible Nutrition provides education opportunities for Wyoming families and individuals with limited resources, with an aim of helping families eat better for less.

Cent\$ible Nutrition targets adults living in rural or urban areas who are responsible for planning and preparing family meals, with an emphasis on households with young children. Youth served may be children of eligible participants or students in schools with at least 50 percent of the student body enrolled in the free/reduced lunch program.

Classes for individuals or groups are provided based on income guidelines. They enable participant to develop new skills and gain knowledge to:

- 1) Improve nutrition and physical wellbeing of the family*
- 2) Increase knowledge of the essentials of human nutrition and physical activity*
- 3) Increase the ability to select and buy food that satisfies nutritional needs*
- 4) Improve skills in food production, preparation, storage, safety, sanitation and meal-time practices*
- 5) Increase the ability to manage food budgets and related resources and benefits*

Supplemental Nutrition Assistance Program

Department of Family Services
1301 Rumsey
Cody, WY 82414

Phone: 307/587-6246, Cody
307/754-2245, Powell

Hours: 8 am – 5 pm Monday - Friday

A federal aid program providing financial assistance for food purchasing to low-income and no-income people and families (formerly known as food stamp program).

Cody Council on Aging, Inc.

613 16th St.
Cody, WY 82414

Phone: 307/587-6221

Hours: 8 am - 4 pm Monday - Friday

Email: ccoa@bresnan.net

The Cody Council on Aging oversees the operation of the Cody Senior Citizens' Center. The center serves lunch Monday-Friday and on the third Sunday of every month, in addition to providing home-delivered meals. When referred by WSIL, Hands 2 Help, West Park Hospital or Park County Public Health, non-seniors can receive home-delivered meals, through the Medicaid Waiver Program. For seniors eating at the senior center, there are no restrictions. If a senior (or a member of the senior's family) requests home-delivered meals, an outreach coordinator visits them to determine if they "qualify," meaning they must be truly homebound.

Seniors are asked to fill out an AGNES report annually, which provides a record of services to help maintain funding. For non-seniors, there is no application process.

Cody Cupboard

836 ½ Sheridan Ave.
P.O. Box 3006
Cody, WY 82414

Phone: 307/586-3732

Website: www.codycupboard.com

The Cody Cupboard is a nonprofit food bank that provides temporary food assistance to those in need. The cupboard serves as a supplemental resource for people who are having financial difficulty or the burden of unexpected expenses. The cupboard operates on a referral system in conjunction with the Department of Family Services, Yellowstone Behavioral Health, Hope House, Crisis Intervention Services, Park County Public Health, local churches, police, etc. Generally, individuals or families contact us through the referring agency, however, it is the cupboard's policy to provide food to everyone who requests food, regardless of referral.

Donors may contact the cupboard by phone, and the cupboard is funded mainly through local donations, though grants provide occasional assistance.

Meeteetse Cupboard

Phone: 307/868-2233

307/868-2254

307/868-2314

307/868-2250

Hours: Anytime there is a need

Food and other items are collected and stored at various locations and accessed by various people when a call for help is received.

Powell Valley Loaves and Fishes

P.O. Box 992
Powell, WY 82435

Phone: 307/754-8800

Hours: 8 am - 12 pm and 1 pm - 5 pm Monday - Friday

Provides emergency food assistance.

Salvation Army, Park County

1131 11th St.

Cody, WY 82414

Phone: 307/527-8700

Hours: 8 am – 5 pm Monday - Friday

Provides one-time emergency assistance including the following: gasoline, bus tickets, meals, night's lodging, medication needed to sustain life.

Park/Big Horn County WIC Program

109 West 14th St.
Powell, WY 82414

Public Health Office
1002 Sheridan Ave.
Cody, WY 82414

Hours: Monday-Friday 8 am – 5 pm

Phone: 307/754-8880
307/527-8580

Email: susan.siler@wyo.gov

Federally funded WIC clinics are located in Powell, Cody and Lovell – Powell is the home clinic. WIC is a federally funded program that supplies supplemental foods, nutrition counseling and information, referrals to appropriate agencies, and breast feeding counseling and assistance. Supplemental foods provided include milk, cereal, juice, eggs, beans, peanut butter, whole grains, fresh fruits and vegetables, canned fish for fully breast feeding women, infant formula, infant cereal and infant fruits and vegetables and infant meats for the fully breast fed baby. Low income pregnant women, non-breast feeding women for 6 months post partum, infants and children through the month of their 5th birthday may be eligible if income levels are at 185% of poverty.

Call or come in to make an appointment. At the appointment, WIC staff will verify income, ID and residence and will ask a series of nutrition-related questions, check height and weight and run a simple blood test to check iron levels.

Manna House

2343 Mountain View Dr
Cody, WY 82414

Contact: Inga Child

Phone: 307/587-0700

The Manna House provides free food, clothing, furniture, household items and fuel vouchers.

Normally open year-round.

There are two types of distribution. One you fill out a form and the other is a basic worship service once a week. No real restrictions.

Manna House is a word of mouth operation, runs on charity / donations; any donations can be made by contacting Inga.

Health

Assisted Living

Absaroka Assisted Living

2401 Cougar Avenue
Cody, WY 82414

Phone: 307/527-7080

Hours: 24 hour care

Website: www.Emeritus.com

Beehive Home

2716 Cougar Avenue
Cody, WY 82414

Phone: 307/527-7355

Hours: 24 hr

The Heartland

639 Avenue H
Powell, WY 82435

Phone: 307/754-7703

Hours: 24 hr

Fax: 307/754-7703

Website: www.pvhc.org

The mission of an assisted living facility is to provide a safe, homelike environment while offering assistance with activities of daily living (ADLS). Assistance varies depending on the location and client, but often offers help with medication, meals, bathing, and dressing. In addition, there are many opportunities for social interaction with others in the community. Assisted living communities fill the gap between independent living and nursing home care.

Coverage

DFS (Department of Family Services)

Cody

1301 Rumsey
Cody, WY 82414

Phone: 307/587-6246

Powell

109 W. 14th
Powell, WY 82435

307/754-2245

Medicare: 307/587-8155
800/633-4227
Hours: 8am – 5pm Monday - Friday

The Department of Family Services works with families, elders and vulnerable adults, to help them solve problems every day. From finding adequate nutrition with SNAP to home heating help to child support payments and child care subsidies, DFS connects people with resources that support healthier, safer families making a contribution in their communities. Medicare is a health insurance program that was developed by the government to assist eligible residents with their health care bills. The Department of Family Services works with families, elders and vulnerable adults, to help them.

Cancer Resources

Wyoming Cancer Resource Services

707 Sheridan Avenue
Cody, WY 82414

Phone: 877/437-2702
307/578-2702

Hours: Variable Monday - Friday

Fax: 307/578-2713

Email: vwalshhaines@wphcody.org

Website: www.fightcancerwy.org

WCERS provides information, education, and support to cancer survivors and their families. In addition, information regarding free cancer screening programs and prevention strategies are available. Assistance is also available to help identify resources, financial assistance, and support.

Women's Wellness

Women's Wellness is a non-profit program that is dedicated to providing cancer screening services to women in Park County and all of Big Horn Basin, regardless of income or insurance status. In addition, we offer patient navigation and financial assistance. Early detection truly is the best protection.

Home Health Care

Hands 2 Help

1725 Sheridan #128
Cody, WY 82414

Phone: 307/ 587-4601

Fax: 307/587-4601

Email: office@hands2help.com

Website: www.hands2help.com

Powell Valley Home Health

777 Avenue H Building B
Powell, WY 82435

Phone: 307/ 754-7750

Website: www.pvhc.org

West Park Hospital Home Health

707 Sheridan Avenue
Cody, WY 82414

Phone: 307/527-7501

Website: www.westparkhospital.org

Home Health agencies assist and empower their clients to develop strategies which will maintain or improve their social, cognitive or physical functioning. Through their support, clients are better able to safely remain in their own homes.

Hospitals

Powell Valley Health Care

777 Avenue H
Powell, WY 82435

Phone: 307/ 754-7750
800/428-1398

West Park Hospital

707 Sheridan Avenue
Cody, WY 82414

Phone: 307/527-7501

Hospice

Spirit Mountain Hospice

808 Canyon Ave
Cody, WY 82414

Phone: 307/578-2413

The mission of Spirit Mountain is to provide excellent, quality comfort care in a 24-hour inpatient residential hospice house. Care is provided by highly trained hospice staff that is committed to care that recognizes and respects the physical, spiritual and emotional needs of patients, families and communities we serve.

Powell Valley Hospice

777 Avenue H
Powell, WY 82435

Phone: 307/ 754-7750

Powell Valley Hospice provides special care to terminally ill patients and their families in their homes. Services include Nursing, Physical Therapy, Occupational Therapy and Speech Therapy. Home Health Aides and volunteers are available to assist with personal care and companionship.

Medical Equipment –Loan Closet

Senior Centers

Cody

613 16th St.
Cody, WY 82414

Phone: 307/587-6221

Powell

248 N. Gilbert
Powell, WY 82435

307/754-4223

Elks

Cody

1202 Beck
Cody, WY 82414

Phone: 307/587-2533

Powell

581 N Clark
Powell, WY 82435

307/754-2995

VFW

808 12th St.
Cody, WY 82414

Phone: 307/587-3671

Website: www.vfw.org

Supplies are available for short term use at no cost to participants (wheelchairs, adaptive devices, and medical supplies).

WSIL – Wyoming Services for Independent Living

Park County / Powell office

Phone: 307/ 754-4868

800-280-0917

Email: ldouglas@wyoming.com

Website: www.wsil.org

The mission of WSIL is to provide continually increasing opportunities for individuals with disabilities to live as independently as possible. By providing information and referral service, peer counseling, and life skills training

To clients individuals are better able to make informed choices about living, learning, and working independently. In addition, WSIL works with communities on advocacy and awareness of disability related issues.

Nursing Homes

Powell Valley Care Center

777 Avenue H

Powell, WY 82435

Phone: 307/754-2267

Hours: see below

Website: www.meetrec.org

West Park Hospital

707 Sheridan Avenue

Cody, WY 82414

Phone: 307/527-7501

Website: www.westparkhospital.org

Licensed by the Wyoming Department of Health, Long Term Care facilities provide skilled, intermediate, rehabilitation and custodial care to patients who require 24-hour care. The mission is to provide individualized care to all residents and enhance their quality of life. A full range of clinical services are also available.

Pregnancy & Sexually Transmitted Diseases

Northwest Wyoming Family Planning

Cody

1231 Rumsey

Cody, WY 82414

Powell

246 North Hamilton

Powell, WY 82435

Phone: 307/527-5174

307/754-5023

Hours: 8 am – 5 pm Monday - Friday (varies)

Website: www.nwfamilypanning.com

Northwest Wyoming Family Planning is a private, non-profit organization that exists to provide comprehensive, quality, voluntary family planning, educational outreach, and other reproductive health and wellness services. Women, men and adolescents of all reproductive ages are seen confidentially in a non-judgmental atmosphere. Medically accurate information is provided with the client's needs and choices considered. Clinics are located in Cody and Powell. A physician assistant, under the supervision of a gynecologist, provides medical exams, contraceptives, and treatment. We are here to provide answers to your questions and concerns, to provide support and assistance in making decisions that are right for each individual.

Park County Public Health

Park County Courthouse

1002 Sheridan Avenue
Cody, WY 82414

Phone: 307/527-8570

Hours: 8 am -12 pm and 1 - 5pm
Monday - Friday

Powell County Annex

109 W. 14th
Powell, WY 82435

307/754-8870

The goal of Park County Public Health is promoting and protecting the health of our residents by: promoting healthy behavior, increasing access to health care, providing health information and education and partnering with others in the community to identify and solve health problems. In addition, Best Beginnings and Nurse Partnerships for 1st time mother pregnancy support, as well as immunizations and WIC assistance.

Urgent Care

West Park Hospital Urgent Care Clinic

424 Yellowstone Avenue
Cody, WY 82414

Phone: 307/578-2903

Hours: 8 am - 6:30 pm Monday - Friday
9 am -5:30 pm Saturday
9 am -3:30 pm Sunday

ExpressCare Clinic-Powell

450 Mountain View St #A
Powell, WY 82435

Phone: 307/754-7708

Hours: 7 am - 6:30 pm Monday - Friday
8 am - 1:30 pm Saturday

Website: www.pvhc.org

No appointment necessary. For your urgent medical needs.

Billings Clinic Cody

201 Yellowstone Avenue
Cody, WY 82414

Phone: 307/527-7561

Hours: 8:30 am - 4:30 pm Monday - Friday
9 am - 11:30 am Saturdays

Website: www.billingsclinic.com

Billings Clinic Cody offers complete care for the entire family staffed by specialists in all areas. Same day care is also available.

Wyoming Migrant Health Program

Phone: 877/754-5252

Hours: 8 am - 5 pm Monday - Friday

Fax: (307) 754-8484

Email: vstingley@tctwest.net

The Migrant Health Program was launched in 1997 as a federally funded program. Its goal is to provide basic health care services to migrant and to seasonal farm workers and their families in Park, Washakie, Big Horn, and Fremont counties in northwestern Wyoming.

Free Health Clinic

Heart Mountain Volunteer Clinic

Cody

707 Sheridan
Cody, WY 82414

Phone: 307/754-1142

Hours: 6 pm - 9 pm Thursday
By appointment

Website: www.hmvmc.org

Powell

450 Mountain View Street, Bldg.B
Powell, WY 82435

6 pm - 9 pm Tuesday

Heart Mountain Volunteer Medical Clinic (HMVMC) is an all volunteer staffed medical clinic providing free outpatient non-emergency acute and chronic primary care to eligible patients who live or work in the Big Horn Basin. HMVMC provides a patient-advocacy program focused on meeting the physical, psychological and social needs of individuals in a supportive and caring environment. Eligibility requirements are: uninsured, reside or work in Big Horn Basin area, gross income at or below 200% of FPL and do not qualify for other healthcare programs. (Clients are primarily adult, as children qualify for other programs)

Housing

Habitat for Humanity Mountain Spirit & Restore

509 Gateway Dr.
Powell, WY 82435

Contact: Kenny Lee, Exec Director
Jamie Schmeiser- Asst Director

Phone: 307/754-9339
307/527-9339

Hours: 9 am - 5:30 pm Tuesday - Friday
9 am - 4 pm Saturday

Website: <http://mshfh.org/>

Building houses, building hope and building lives.

We are a nonprofit Christian housing ministry, working in partnership with people in need, to build decent, affordable housing. Through volunteer efforts of individuals, churches, businesses and organizations, we are committed to eliminating substandard and poverty housing in Park County and building stronger families and communities.

Office is in Powell at the Restore location.

There is no application process. Interested individuals must attend a 1 hour mandatory orientation meeting prior to being considered.

Call or go to the website for volunteer or donor information. A newsletter will soon be available.

Shoshone Court Apartments

2111 Pioneer Ave.
Cody, WY 82414

Contact: Linda Hartwig

Phone: 307/527-7639

Hours: 8 am - 1 pm Monday - Friday

Email: shoshonecourt@tamarackpm.com

Website: http://www.tamarackpm.com/main/quick_search and then enter property name

- 40 unit complex. Families of 2-4 ppl that qualify for Section 8 housing.
- Credit score of at least 550, submit to background check, and provide 5 year rental history or equivalent professional references.
- Obtain application on site.
- HUD Housing - federally funded

Mountain View Manor

1001 11th St.
Cody, WY 82414

Contact: Linda Allison

Phone: 307/587-5244

Hours: 8 am – 12 pm & 1:30 pm to 4 pm Monday – Thursday
8 am – 12 pm Friday

- *Elderly and disabled*
- *HUD, Low income.*
- *Obtain application at office.*
- *HUD Housing – federally funded*

Rocky Mountain Manor

140 N. Cheyenne St.
Powell, WY 82435

Contact: Marla Pierson

Phone: 307/754-4535

Hours: 8 am – 8 pm Monday – Friday

Email: rockymountain2@bresnan.net

Website: <http://rockymtnmanor.com/>

- *Senior housing – must be 62 or disabled.*
- *52 units, 21 of which are available for assistance thru HUD.*
- *Apply online.*
- *Donations can be made to a memorial fund.*
- *Some federal funding.*

Grandview Apartments

2102 Pioneer Ave.
Cody, WY 82414

Contact: Pat Tully

Phone: 406/245-9989

Hours: 8 am - 5 pm Monday - Friday

Email: ptully@hdamanagement.com

Website: <http://hdamanagement.com/>

- 62 years old or older or disabled
- Income limit
- Apply online
- Privately owned – USDA/RD funded – 24 units

Shamrock Apartments

2102 Pioneer Ave.
Cody, WY 82414

Contact: Pat Tully

Phone: 307/406/245-9998

Hours: 8 am - 5 pm Monday - Friday

Email: ptully@hdamanagement.com

Website: <http://hdamanagement.com/>

- Families
- Income limit
- Apply online
- Privately owned – USDA/RD funded – 16 units

The Surrey

1283 W 7th St.
Powell, WY 82435

Contact: Dennis Wagner

Phone: 307/754-2376

Email: heartmntsv@tctwest.net

Website: <http://www.wyominghousingopportunities.org/application/Surrey-app-final-compressed2.pdf>

- For 55+
- All tenants must meet the income and credit guidelines
- A credit report will be obtained on all applicants. All units are NON-SMOKING UNITS. Wyoming Housing Opportunities Association, Inc. will need a copy of the Social Security card and
- Driver's license for ALL applicants.
- Apply online
- The Surrey Elderly housing complex is a Low Income Housing Tax Credit (LIHTC) development.
- LIHTC's is a federal program.

Section 8 Housing

Powell, WY 82435

Contact: Susan

Phone: 307/754-9280

Hours: 8 am - 5 pm Monday - Friday

Website: <http://www.section8housinglist.info/category/wyoming-wy/>

The Section 8 Housing Choice Voucher program is a government subsidized housing assistance program for a low income family or individual. The tenant will pay about 30% of their monthly income for rent. Section 8 will pay for (subsidize) the rest.

Go on line or call Susan at phone number listed.

The Section 8 Consolidation Program is a privately funded grant program outside of HUD and your local housing authorities. This program was designed to combine low income grants with subsidized housing resources for a low income family or individual. These tools come in the form of an online packet which also includes the online application for the Section 8 Consolidation Program.

Basin Authority Child Support Enforcement

1002 Sheridan Ave.

Cody, WY 82414

Contact: Janet Prosser

Phone: 307/527-8840

Hours: 8 am - 5 pm Monday - Friday

Website: <http://www.usattorneylegalservices.com/Wyoming-child-support.html>

The Child Support Programs ensure that children receive the court-ordered financial support to which they are legally entitled. It provides services as to establishing paternity, and enforcing child support and medical support orders.

Park View Village Apartments

747 Absaroka Ave.

Powell, WY 82435

Contact: Marilyn Cross

Phone: 307/754-7185

Hours: 8 am - 2 pm Monday - Friday

Families, 24 units

USDA Rural Development has financed multifamily apartment complexes to provide affordable rental housing for persons with very low, low and moderate income levels. The rents are affordable with many of the units

having rental assistance available to reduce the monthly housing and utility costs to the tenants to 30% of their incomes.

Please contact personnel at the complexes listed for specific details, the availability of units, and how to apply for housing.

State Office

Rural Housing Programs Director
PO Box 11005
Casper, WY 82602-5006
(307) 233-6715 / (307) 233-6739 Fax / (307) 233-6733 TDD
linda.mcfall-bailey@wy.usda.gov

Crystal Cove Apartments

1619 Big Horn Ave.
Cody, WY 82414

Phone: 307/527-6698

Crystal Cove I – Elderly, 24 units; Crystal Cove II – Family, 24 units;

USDA Rural Development has financed multifamily apartment complexes to provide affordable rental housing for persons with very low, low, and moderate income levels. The rents are affordable with many of the units having rental assistance available to reduce the monthly housing and utility costs to the tenants to 30% of their incomes.

Please contact personnel at the complexes listed for specific details, the availability of units, and how to apply for housing.

State Office

Rural Housing Programs Director
PO Box 11005
Casper, WY 82602-5006
(307) 233-6715 / (307) 233-6739 Fax / (307) 233-6733 TDD
linda.mcfall-bailey@wy.usda.gov

Legal

Legal Aid of Wyoming

211 W. 19th St., Ste. 300
Cheyenne, WY 82001

Phone: 307/432-0807
307/432-0810

Hours: 9 am - 2 pm Monday, Wednesday and Friday

Toll free: 877/432-9955
Email: rmartinez@lawyoming.org
Website: www.lawyoming.org

Legal Aid of Wyoming provides free legal services to qualified applicants, specifically the low-income population. Applicants can call to see if they qualify and the application can be taken over the phone. Applicants can also apply online by visiting www.lawyoming.org and clicking the “Apply for Services” option.

Legal Aid of Wyoming is a nonprofit organization that is funded through federal and state grants and private donations.

Mental/Emotional Health

Yellowstone Behavioral Health

Cody Main Office

2538 Big Horn Avenue
Cody, WY 82414

Phone: 307/587-2197

Hours: 7:30 am - 5:30 pm Monday – Friday

Fax: 307/527-6218

Toll Free: 800/949-8839

After Hours: 888/863-0535

Website: www.ybhc.org

Powell Office

627 Wyoming Avenue
Powell, WY 82435

307/754-5687

8 am - 5 pm Monday – Friday

307/754-5697

The Cody Main Office provides outpatient mental health services with fees based on income. These services include family therapy, individual therapy, therapy services for elderly people, medication management and evaluation, group therapy, psychological testing, case management services, and services to help someone recovering from a serious mental illness redevelop independent living skills. Intensive services for individuals who are suicidal are also available and are provided in the home. Our therapists have a wide range of experience in a variety of modalities of therapy including: EMDR, cognitive therapy, PEARLS (a program for reducing depressive symptoms for elderly clients), CBT, DBT, family therapy, and a variety of other types of therapy.

Hope House

1002 Rumsey Avenue
Cody, WY 82414

Phone: 307/587-3008

Hours: 9 am - 5 pm Monday - Friday

Fax: 307/587-7638

Email: HopeHouseCody@gmail.com

Website: www.ybhc.org

Facebook: The HOPE Clubhouse

H.O.P.E. is an acronym for Helping Ourselves Perform Effectively. The mission of the HOPE House is to provide a supportive environment in which adults who suffer from serious and persistent mental illness can rediscover their self-respect, dignity, and abilities through the opportunity to perform productive work, obtain a sense of belonging, and create meaningful relationships.

Eligibility Criteria for Membership:

- *Persons shall be considered for admission without regard to race, color, sex or sexual orientation, religion, creed, national origin, age (except under 18 years), familial status, marital status, source of income, or disability in addition to the mental illness.*
- *Must be 18 years of age or older.*
- *Must have obtained a primary diagnosis of a severe and persistent mental illness.*
- *Must be able to independently meet self-care and safety needs. As individuals are free to come and go as they like from the clubhouse, they must possess the necessary safety skills and judgment to move around the community.*
- *Cannot currently pose a threat to the clubhouse community or themselves.*
- *Must indicate an interest in rehabilitation/recovery goals.*
- *Medically stable, able to exit the building within 3 minutes in case of emergency.*
- *Must agree to remain alcohol and illegal drug free while at HOPE House.*
- *Must agree to abide by the rules of the HOPE House and Wyoming state laws.*

To be referred for membership, the referral form must be completed and signed. We would like all prospective members to complete this application with the licensed clinician recommending them. There are spaces for signatures on the back of the application. The HOPE House Team Leader will review the referral form and then Member Services will contact the prospective member for Orientation.

Wallace H. Johnson Group Home

2713 Cougar Avenue
Cody, WY 82414

Phone: 307/587-5112

Hours: 24/7

Fax: 307/587-5446

The Wallace H. Johnson Group Home is a regional transitional group home for adults with severe and persistent mental illness, providing services to the Northwest region of Wyoming (Park, Big Horn, Washakie, and Hot Springs County). The group home offers a short term transitional program to assist people in strengthening or developing skills to live independently. The group home has 6 beds and serves both men and women. The facility is staffed 24/7 with professional staff, including a licensed masters level therapist, a case manager, a psychiatric nurse, mental health technicians, and respite care aides. The program offers individual and group therapy, case management, individual and group skill building, and socialization and recreational opportunities for the clients in a supportive and comfortable home setting. Skill building is available on daily living skills, managing mental illness, budgeting, communication, and many other areas. Case management is available to help with accessing resources in the community, obtaining employment or volunteer work, and to assist with housing. As with all services provided at Yellowstone Behavioral Health, services are provided on a sliding scale fee or can be billed to Medicaid, Medicare, and other health insurance coverage. Referrals from outside the region are accepted subject to availability of beds. For more information or to make a referral, contact the group home at 307/587-5112.

Suicide Prevention Coalition

Cody Main Office

2538 Big Horn Avenue
Cody, WY 82414

Phone: 307/754-5687

Hours: 9 am – 5 pm Monday – Friday

Fax: 307/754-5697

Toll Free: 800/273-8255 (TALK)

Website: www.suicidepreventionlifeline.org

Powell Office

627 Wyoming Avenue
Powell, WY 82435

307/754-5687

307/754-5697

Some of the programs that the Suicide Prevention puts on are as follows:

- *Put together activities and events for the Suicide Prevention.*
- *Trainings to Law enforcement, emergency responders, Schools, and CPR for Suicide responders.*
- *Presentations at Health Fairs in the Big Horn Basin.*
- *Fundraisers for Suicide Preventions.*
- *Recruit individuals to the Suicide Prevention Coalition*

The Cody and Powell office both have group meetings for those individual or groups that have lost or know of someone who has lost an individual to suicide. Cody's Meetings are on the 1st Tuesday of the month at 6 pm at the Yellowstone Behavioral Center. Powell's Meetings are held 1st Tuesday of the month at 5:30 pm at the Powell Center. To get more information or to find out more about Suicide Prevention and the Coalition, please call.

UPLIFT (Children/Youth)

Casper Office

Contact: Susan Bentley

Phone: 307/232-8944

Website: www.upliftwy.org

UPLIFT Family Support Specialists serve in a variety of roles to best meet the needs of children, youth, and their families.

- *Family Care Coordination*
- *Advocacy*
- *Support & Training*
- *Information & Referral*
- *Parent & Youth Support Groups*
- *Social Skills Program*
- *Outreach and Public Awareness*
- *Prevention and early intervention*
- *CASII Evaluations*
- *Access to the Children's Mental Health Waiver*
- *Access to Quality of Life Expansion Funding*

West Park Behavioral Health

424 Yellowstone Avenue, Suite 220
Cody, WY 82414

Phone: 307/578-2919

Hours: 8 am - 5 pm Monday - Friday

Fax: 307/578-2920

Email: dmrozinsky@wphcody.org

Website: <http://www.cedarmountaincenter.org/>

West Park Behavioral Health is an outpatient facility that provides psychiatric diagnosis, medication management, counseling for emotional problems and substance abuse treatment. West Park Behavioral Health inspires hope in recovery through professional care by providing compassionate recovery services for addictions and mental illness and restoring people's faith on the journey to wellness.

Migrant/Seasonal

Migrant Head Start

883 East 7th Street
Powell, WY 82435

Phone: 307/754-5154

The Migrant Head Start Program provides classes, meals and other services to children, from birth to age 6, of migrant farm workers during the summer.

Wyoming Migrant Health Program

615 East 7th
Street, Powell, WY 82435

Hours: 8 am - 5 pm Monday - Friday

Phone: 307/754-5252

Email: vstingley@tctwest.net

Website: www.wyhc.org

The Wyoming Migrant Health Program is a federally funded program that assists migrant and seasonal farm workers in paying for basic health services. Migrant and seasonal workers for whom farm work was their principal source of income (50 percent) within the last two years are eligible for services, as are their dependents.

The program provides basic health care through a network of mid-level providers. Physician, dentist, optometrist and pharmacy services are provided as needed. Potential clients should call or come in to fill out an application for services.

NOWCAP -Northwest Community Action Programs of WY, Inc.

NOWCAP Administration Office

PO Drawer 158
500 Fifteen Mile Road
Worland, WY 82401

Phone: 307/347-6185

Fax: 307/347-4008

Foster Grandparent Program

319 S. 6th
Thermopolis, WY 82443

Phone: 307/864-5544

Toll Free: 1-888/577-1374

Fax: 307/864-5544

NOWCAP Wyoming Family Literacy – Cheyenne

5113 Ridge Road Suite 9
Cheyenne, WY 82009

Phone: 307/433-0393

Fax: 307/433-0422

NOWCAP Black Lung and Respiratory Diseases Clinic

2240 Coffeen Ave., Suite A
P O Box 6021
Sheridan, WY 82801

Phone: 307/672-0046

NOWCAP Wyoming Family Literacy - Casper

Lifesteps Campus
1514 E. 12th St. Suite B2
Casper, WY 82604

Phone: 307/472-5640/5416

Website: www.nowcap.com

Programs include:

- *Family Literacy – to break the cycle of poverty and illiteracy by improving the education opportunities of low income families*
- *Housing Preservation Program – provides home rehabilitation in Hot Springs, Washakie, Big Horn and Park counties to keep families in homes meeting safety and health standards*
- *Community Service Block Grants – providing for a variety of services to low income persons – not available in Park County.*

NOWCAP Services provides innovative services to people with developmental disabilities and brain injuries throughout Wyoming and currently has offices in Casper, Cody, Worland and Rock Springs.

NOWCAP/Black Lung & Respiratory Diseases Clinics is a federally funded, comprehensive cardio-pulmonary program with a primary focus on miners afflicted with black lung and their families. This program is offered to anyone with a concern or interest in his or her cardio-pulmonary health.

Foster Grandparent Program provides opportunities for senior service to meet unmet needs, to empower people 55 years and older to contribute to their communities through service, enhancing the lives of those who serve and those whom they serve, and provide communities with valuable services. Volunteers receive a stipend.

Police/Sheriff/Ambulance/Fire

Powell Police Department

250 North Clark St.
Powell, WY 82435

Phone: 911
307/754-2212

Cody Police Department

1402 River View Drive
Cody, WY 82414

Phone: 911
307/527-8100

Meeteetse Police Department

910 Park Ave
Meeteetse, WY 82433

Phone: 911
307/868-2338

Senior Citizens

Cody Senior Center

613 16TH Street
Cody, WY 82414

Phone: 307/587-6222/6221

Hours: 8 am – 4 pm Monday - Friday and 3rd Sunday of the month

Lunch: 11 am - 1 pm

Meals: Served 11:30 to 12:30 Mon-Fri and the 3rd Sunday of the month.

\$3 suggested donation for seniors ages 60 and above. Non-senior guest pay \$6

Salad bar daily \$1 suggested donation for seniors. Non-seniors guests pay \$1.50.

Daily coffee & baked goods at 8:00am

Home-delivered meals available for home-bound (seniors or disabled) people in the Cody Area. Entertainment on Fridays

Monthly Birthday parties.

Public Transportation: 8am-3:30pm Mon-Fri

Reservations requested 24-hours in advance

Able to accommodate people confined to wheelchairs & with other disabilities

\$1 suggested donation for seniors ages 60 and above. Non-seniors pay \$2 fee.

Trips to Billings on Tuesdays for medical appointments.

Service/Activities: Some medical services provided: blood pressure checks, toenails clinics, massage therapy, hearing aid clinic.

Medical equipment loans

Exercise classes

Help with tax rebate, LIEAP, and Medicare forms

Income tax & legal assistant

Computer Classes

Bingo, crafts, variety of card games

Pool games

AARP safe driving classes

Senior Citizen's Center Inc

248 North Gilbert Street
Powell, WY 82435

Phone: 307/754-4223

Meeteetse Senior Center

1105 Park Avenue
Meeteetse, WY 82433

Phone: 307/868-2622

Hours: Monday and Wednesday for lunch

Resource is targeting seniors over age 60. Two meals a week are served at the Senior Center. The meals are donated if the senior cannot afford to pay. Meals on Wheels are delivered upon request the same two days of the week. An intake form is used for the application process. Funding is from state and federal sources, donations, and memorials.

Wyoming Senior Citizens Inc

Wyoming Senior Citizens Inc (WCSI) founded in 1975 is a private, nonprofit organization whose purpose is to meet the needs of Wyoming's older residents and help them maintain their independence.

Senior Companion Program, WY

Riverton Office
106 West Adams Avenue
Riverton, WY 82501

Contact: Barbra Dorn

Phone: 307/856-6880

Hours: 8 am - 5 pm Monday - Friday

Fax: 307/856-4466

Toll Free: 800/856-4398

Email: scpcoorriv@wyoming.com

Website: www.wyomingseniors.com

Services Offered:

- *Companions serve adults age 21 and over who need help in order to remain living independently at home. Companions are trained to assist adults with all kinds of tasks, such as simple chores around the home that are essential, but often impossible for the homebound person to accomplish on their own.*

- *No charge for service and no income eligibility requirements for recipients.*
- *Benefits: Senior Companions receive a tax free stipend of \$2.65 per hour, meal and mileage reimbursement, an annual physical exam, educational training, supplemental auto and personal liability insurance as well as formal recognition activities for their volunteer service. Who are the Senior Companions?*
- *Caring individuals*
- *Age 55 or over*
- *Limited income (for persons who wish to receive a stipend)*
- *People who want to add quality to the lives of others*

Long Term Care Ombudsman/Elder Abuse Program

Riverton Office
106 West Adams Avenue
Riverton, WY 82501

Contact: Jamie Lookingbill
Phone: 307/856-6680
Hours: 8 am - 5 pm Monday - Friday
Fax: 307/856-4466
Toll Free: 800/856-4398
Email: jamiel@wyoming.com
Website: www.wyomingseniors.com

- *Receives, does inquiries and attempts to resolve problems or complaints affecting recipients of long-term care facilities.*
- *Answers questions and provides information and referral about long-term care and related services.*
- *Promotes community education and awareness of the needs of long-term care recipients.*
- *Coordinates efforts with other agencies and organizations concerned with long-term care.*
- *Identifies issues and problem areas in long-term care and recommends needed changes.*
- *Problems related to the rights of recipients of long-term care services as citizens and as recipients.*
- *Concerns about the care or treatment provided in long-term care services such as admissions, health services, drugs, food, recipient funds and transfer or discharge.*
- *Problems with cost (billing and charges) or Medicare and Medicaid benefits.*
- *Recipients or potential recipients of long-term care services (nursing homes, assisted living facilities, board and care homes, home care, and hospice).*
- *Relatives or friends of long-term care recipients.*
- *Long-term care employees and administrators.*
- *Members of community groups or citizens interested in improving long-term care.*

Wyoming State Health Insurance Information Program

Riverton Office
106 West Adams Avenue
Riverton, WY 82501

Contact: Deborah Munn
Phone: 307/856-6680
Hours: 8 am - 5 pm Monday - Friday
Fax: 307/856-4466
Toll Free: 800/856-4398
Email: rivwshiiip@wyoming.com
Website: www.wyomingseniors.com

Wyoming State Health Insurance Information Program (WSHIIP) is a federally mandated program. It was set up to help seniors and others on Medicare understand their rights and answer their questions. We have over eighty volunteers in almost every county who will counsel beneficiaries and help solve problems, confidentiality, and it is free of cost. Trained counselors promote consumer understanding of Medicare, Medicaid, Medicare supplement and long-term care insurance. Call for:

- Free service
- Specially trained counselors
- Unbiased information providers
- Consumer retains all rights to choices
- Free Long Term Care Insurance Buyers Guide available
- Free Medicare Supplement Insurance Buyers Guide available

WSHIIP volunteers must attend yearly in-services to keep them up-to-date on Medicare issues.

National Family Support Caregiver Support Program

Riverton Office
106 West Adams Avenue
Riverton, WY 82501

Phone: 307/856-6680
Hours: 8 am - 5 pm Monday - Friday
Fax: 307-856-4466
Toll Free: 800/856-4398
Website: www.wyomingseniors.com

The Family Caregiver Support Program serves the caregiver who is responsible for a functionally dependent older adult.

The recipient is someone who is unable to perform at least two activities of daily living or due to cognitive or other mental impairment, requires substantial supervision.

What we do:

- Respite care for family of elderly, chronically ill or hospice patients.
- Light housekeeping with attention to a clean, safe environment.
- Prompt care receivers to perform activities of daily living.
- Monitor to assure the safety and well-being of care receivers.

- Reminders for self-administration of medications.
- Encourage exercise and leisure activities for client.
- Provide care giving tips, assistance and individualized training to families.

This is all done through a Care Management team made up of Wyoming Senior Citizens staff, the care provider and the family to insure care that is holistic in nature. The program will utilize some Senior Companion volunteers and some highly skilled and trained respite workers.

The Family Caregiver Support Program will be helping the population in a 45 mile radius around Riverton, Casper and Cheyenne.

Senior Medicare Patrol

Riverton Office
106 West Adams Avenue
Riverton, WY 82501

Contact: Bob Storti
Phone: 307/856-6680
Hours: 8 am - 5 pm Monday - Friday
Fax: 307-856-4466
Toll Free: 800/856-4398
Email: smpmgr@wyoming.com
Website: www.wyomingseniors.com

Billions of federal dollars are lost annually due to health care fraud, error and abuse. Since 1997 the Administration on Aging (AOA) has funded Senior Medicare Patrol (SMP) projects to recruit and train retired professionals and other senior citizens about how to recognize and report instances or patterns of health care fraud.

In Wyoming this is accomplished through cooperation between the SMP Project and Wyoming Senior Health Insurance Information Program (WSHIIP) to educate and train our counselors and volunteers.

These counselors and volunteers help Medicare recipients to better understand their Medicare Summary Notices (MSN) through community presentations and one-on-one counseling, so they can detect and resolve unintended errors. In addition they are made aware of how threats to financial independence and health status may occur when citizens are victimized by fraudulent schemes.

These SMP projects partner with the aging network, as well as community, faith-based, tribal, and health care organizations. Together they utilize a variety of outreach strategies to educate and empower their peers to identify, prevent and report health care fraud. Currently, the SMP program funds 54 projects in all states, the District of Columbia, Puerto Rico, Guam and the U.S. Virgin Islands.

Contact the Wyoming hotline at 1-800-856-4398 if you have questions or concerns related to Medicare waste, fraud, or abuse; or if you would like to become a volunteer.

If you have questions about what constitutes Medicare waste, fraud, or abuse, refer to the national SMP website at <http://www.smpresource.org>

Social Security

1285 Sheridan Avenue
Cody, WY 82414

Phone: 307/587-8155

Hours: 9 am-12 pm & 1 pm-3:30 pm Monday-Tuesday-Friday
Closed Wednesday & Thursday & during the lunch hour 12 pm-1 pm

Toll Free: 800/770-2652

Website: www.socialsecurity.gov

Powell Senior Citizens Center

248 N. Gilbert Street
P.O. Box 1156
Powell, WY 82435

Contact: Cathy Florian

Phone: 307/754-4223

Email: cflorian@tctwest.net

For: Seniors 60 and over

Over 60 or if you qualify for Medicaid Waiver you should qualify for our meals.

We currently offer noon meals at both the Powell Senior Citizens Center (M-F) and the Rocky Mountain Manor (M-S) Price per meal= over 60 suggested donation of \$3.50 if under 60 Price= \$6.00. We offer Home Delivered Meals to over 60 as well as those with disabilities through the Medicaid Waiver program same suggested donation price for home delivered of \$3.50 per meal for over 60.

- *Transportation Services: Monday-Friday 8:15-3:45 Seniors 60 and over suggested donation \$1.00 each way. Under 60 \$5.00 one way. (wheelchair riders must have an escort, no additional fee for escort)*
- *Medical Loan Closet: Medical Equipment, such as shower chairs, bath benches, walkers, wheelchairs, crutches available on a loan basis, donations appreciated.*
- *Foot Clinic: Once a month \$5.00 foot check*
- *Exercise Class: Monday, Wednesday, Friday 10: 00 a.m. – 11:00a.m.*
- *WII Bowling: Tuesday mornings at 10:00*
- *Cinnamon Rolls and Coffee: Wednesday mornings at 9:00 for \$1.50*
- *Slice of Pie: Friday mornings at 9:00 for \$2.00*

We have found that our services help keep aging individuals in their homes longer and that the services we offer are as important to caregivers and family members alike. It gives them some piece of mind knowing that there is a center that can assist their loved ones with daily tasks.

Information, Education, Assistance:

- *AARP Tax Preparation: March-April*
- *AARP Driver Training Course: Spring and Fall*
- *Tax Rebate Applications: June-August*
- *Medicare Part D, information and sign up: November 15-December 31*
- *Various educational presentations: throughout the year*

Visually Impaired Program – Wyoming Independent Living Rehabilitation (WILR)

Cody

29 Absaroka Drive
Cody, WY 82414

Casper

305 West 1st Street
Casper, WY 82601

Contact: Jody Boluyt

Phone: 307/587-7881

Toll Free: 800/640-4815

Email: jboluyt@wilr.org

Website: wilr.org

307/266-6956

800/735-8322

The Visually Impaired Program (VIP) Services are provided in the consumer's home and tailored to meet their needs. Individual consumer goals for living independently are developed, with a plan to achieve those goals. VIP Specialists provide information and referral; skills training; peer support; and individual and systems advocacy concerning low vision and living independently in the home and community. VIPS will assist consumers in finding the right equipment and low vision aids to meet their goals for independence.

Resources offered include Low Vision Information and referral; Assessment of Home/Environment; Low Vision Equipment assessment (magnification, lighting, talking devices); Applications to Foundations for Financial Assistance; Information about Peer Support Groups; and Consumer Disaster Preparedness.

Services provided to individuals 55 years or older who are blind or have a permanent visual impairment, such as macular degeneration, glaucoma, stroke, or diabetic retinopathy. Must have a visual acuity of 20/50 or significant field loss.

Must sign a Release of Information so VIP Specialist can get a written Vision Report and Diagnosis from individual's eye doctor. This information must be current within the last 6-12 months. The report is reviewed for eligibility of services.

WILR is a private non-profit agency which is funded through federal and state grants and private contributions.

Substance Abuse

West Park Behavioral Health

424 Yellowstone Avenue
Suite 220
Cody, WY 82414

Phone: 307/578-2919

Hours: 8 am - 5 pm Monday - Friday

Fax: 307/578-2920

Email: dmrozinsky@wphcody.org

Website: <http://www.cedarmountaincenter.org/>

West Park Behavioral Health is an outpatient facility that provides psychiatric diagnosis, medication management, counseling for emotional problems and substance abuse treatment.

West Park Behavioral Health inspires hope in recovery through professional care by providing compassionate recovery services for addictions and mental illness and restoring people's faith on the journey to wellness.

Park County Drug Court Offices

1004 Beck Ave.
Cody, WY 82414

Phone: 307/527-1800
307/754-1800

Hours: 8 am - 5 pm Monday - Friday

Website: <http://www.parkcounty.us/drugcourt/drugcourt.html>

The Drug Court program is designed to accept non-violent offenders with one or more substance abuse problems, including alcohol. The Drug Court itself will be based in Cody, but participants may reside anywhere in Park County. Drug Court combines treatment with immediate consequences for violations and instills life skills that many defendants lack. To find out more about the Park County Drug Court, and whether you or someone you know qualifies for Drug Court's treatment program; please call 527-1800 or 754-1800.

Cedar Mountain Center

707 Sheridan Avenue
Cody, WY 82414

Phone: 307/578-2421

Hours: 8 am - 5 pm Monday - Friday

Fax: 307/578-2215

Email: tbaker@wphcody.org

Website: <http://www.cedarmountaincenter.org/>

Cedar Mountain Center inspires hope in recovery through professional care by providing compassionate recovery services for addictions and mental illness, and restoring people's faith on the journey to wellness.

Cedar Mountain Center is designed to meet the needs of people who are chemically dependent. Our program services include: Inpatient Treatment; Intensive Outpatient; Outpatient Treatment; Assessment/Evaluation; Family Program; Adolescent Program; DUI/ACT Classes. CMC is an 18-bed facility conducive to individual attention and grasping the concepts of serenity and spirituality necessary for recovery. CMC accepts most insurance policies and will verify coverage prior to admission.

Tobacco Prevention

707 Sheridan Avenue
Cody, WY 82414

Phone: 307/578-2426

Hours: 8 am - 5 pm Monday - Friday

Fax: 307/578-2713

Email: ctieke@wphcody.org

Website: http://westparkhospital.org/Prev_Wellness/PCTobacco.html

Tobacco Prevention is a comprehensive program focused on tobacco control, policy change and prevention in Park County and addresses the issues of tobacco use by working to reduce exposure to secondhand smoke, counter pro-tobacco influence, help people quit, and eliminate health disparities. Basin Region Alliance is a coalition of citizens that share a common goal and passion of helping create smoke/tobacco-free environments throughout the Basin Region and the state. Mission: The Basin Region Alliance strives to eliminate second-hand smoke, reduce youth initiation, educate the public and support policy change.

Wyoming Quit Tobacco Program

Phone: 800/QUIT-NOW (800/784-8669)

Website: www.wy.quitnet.com

WY Quit is a comprehensive service offered by Healthways (<http://www.healthways.com/>) to assist Wyoming tobacco users in their attempt to quit tobacco. Wyoming Residents have many options for support:

- *Personalized quit plans and tools available both on the phone and web*
- *Free, private quit coaching*
- *Low-cost tobacco cessation medications*

Transportation

Meeteetse Recreation Center

Phone: 307/868-2603

WSIL – Wyoming Services for Independent Living / Rural Transportation Voucher

Phone: 307/754-4868 or 800/280-0917

Utilities

Utility Companies

City of Cody

1338 Rumsey Avenue
Cody, WY 82414

Phone: 307/527-7511

Hours: 8 am - 5 pm Monday - Friday

Fax: 307/527-6532

Email: codycity@cityofcody.com

Website: www.cityofcody-wy.gov

City of Powell

270 North Clark Street
Cody, WY 82414

Phone: 307/754-5106

Hours: 8 am - 5 pm Monday - Friday

Fax: 307/754-5385

Email: admin@cityofpowell.com

Website: www.cityofpowell.com

Town of Meeteetse

P.O. Box 38
Meeteetse, WY 82433

Phone: 307/868-2278

Hours: 8 am - 5 pm Monday - Friday

Fax: 307/868-2608

Email: meeteetse@tctwest.net

Website: www.townofmeeteetse.com

Energy West

2320 Mountain View Road
Cody, WY 82414

Phone: 307/587-4281

Hours: 8 am - 5 pm Monday - Friday

Fax: 307/587-4563

Email: wy-customer-service@ewst.com

Website: <http://ewst.com/index.php?id=12>

Northwest Rural Water District

920 13th Street
Cody, WY 82414

Phone: 307/527-4426

Hours: 8 am - 5 pm Monday - Friday

CenturyLink Communications

Phone: 800/960-2528

Hours: 8 am - 5 pm Monday - Friday

Website: http://www.centurylink.com/home/?pid=p_127571930

Montana-Dakota Utilities Co.

718 Steele Avenue
Rapid City, South Dakota 57701

Phone: 800/638-3278

Hours: 8 am - 5 pm Monday - Friday

Website: <http://www.montana-dakota.com/Wyoming/Pages/Overview.aspx>

Rocky Mountain Power

226 W Yellowstone Avenue
Cody, WY 82414

Phone: 800/221-7070

Hours: 8 am - 5 pm Monday - Friday

Website: <http://www.pacificorp.com/index.html>
<http://www.rockymountainpower.net/index.html>

REA Garland Light and Power Company

755 Highway 14A
Powell, WY 82435

Phone: 307/754-2881

Hours: 8 am - 5 pm Monday - Friday

Email: glpmbost@wir.net or glpmkeeler@wir.net

Website: <http://www.garlandpower-light.org/>
http://www.garlandpower.org/contact_us.cfm

Colorado Interstate Gas Company

3 Road 9
Powell, WY 82435

Phone: 307/754-7146

Optimum (Bresnan)

2432 Sheridan Avenue
Cody, WY 82414

Phone: 866/242-9066
866/773-6303

Website:

http://westoptimum.aiprx.com/home?teng=go&geng=opticable&aeng=opticable_ad10

TCT Communication**Cody Office:**

1120 Beck Avenue
Cody, WY 82414

Phone: 307/586-3800

Fax: 307/586-5450

Powell Office:

401 South Bent Street #4
Powell, WY 82435

Phone: 307/7549160

Fax: 307/568-3748

Website: <http://www.tctwest.net/>

Energy Assistance

Low Income Energy Assistance Program (LIEAP) and Weatherization Assistance Program (WAP)**Cody Office**

1301 Rumsey Avenue
Cody, WY 82414

Phone: 307/587-6246

Hours: 8 am – 5 pm Monday-Friday

Toll Free: 800/246-421

Website:

<http://dfsweb.state.wy.us/economic-assistance/lieap/index.html>

Powell Office

109 W. 14th Street
Powell, WY 82435

307/754-2245

A state and federally funded program helping people pay home heating bills October through May. People who are approved for assistance through LIEAP may also be eligible for Weatherization services to make their homes more energy efficient and further lower heating costs. The program is open to home owners and renters, and it helps cover the costs of electric, natural gas, propane, wood, diesel heating oil, coal and pellets used for heating a home.

Crisis Assistance is available for households facing an emergency home heating situation. That includes life or health-threatening situation. The program helps cover utility hookup deposits and/or back bills to prevent a

shut off. Funds also are available to buy replacement furnaces. The maximum benefit is \$600, and payments are made directly to the fuel provider.

The Weatherization Assistance Program helps households save money on home heating costs by improving energy efficiency. Weatherizing homes often means adding more insulation, sealing leaks around doors and windows, and it always includes basic health and safety checks. An energy audit determines which weatherization measures will get the biggest bang for the weatherization dollars spent on each home. Weatherization can save 5-25 percent on home heating bills.

Applications for LIEAP program are available beginning October 1, 2011 and are accepted until February 29, 2012. We accept Weatherization Assistance Program applications every day of the year.

Weatherization Assistance is a service that reduces a home's energy costs by sealing air leaks, tuning up furnaces, adding insulation and, sometimes, replacing appliances. Certified weatherization technicians look at carbon monoxide levels, ventilation and wiring. They often wrap water heaters and pipes in protective blankets and seal major air leaks with caulk.

The program is funded by the U.S. Department of Energy. The program recently was expanded under the Economic Stimulus Act, which allows for up to \$6,500 to be spent winterizing a home. It doesn't matter if you own or rent your home. If its energy needs are significant, and the resident's income qualifies for LIEAP the home could be weatherized.

To see if you qualify, fill out a LIEAP application.

Volunteers

Elks

Cody

1202 Beck Ave
Cody, WY 82414

Phone: 307/587-3296

Hours: 3 pm – 10 pm Monday – Saturday

Email: codyelks@tctwest.net

Website: www.codyelks.com

Powell

581 North Clark St
Powell, WY 82435

307/754-2995

powelks@tctwest.net

The Order spends more than \$80,000,000 every year for benevolent, educational and patriotic community-minded programs in such fields as benefitting physically handicapped children, sponsoring Elks National Foundation scholarships, scouting, athletic teams, veterans' works, a national "Hoop Shoot" free-throw contest involving more than 3 million children, physical and occupational therapy programs and patriotic programs.

The youth of our country have always been important to the Order. It is for this reason the Elks Drug Awareness Education Program was launched to warn primary grade students and their parents of the dangers in drug use. Additionally, every lodge observes June 14th as Flag Day, a tradition which the Elks began in 1907 and was later adopted by the Congress as an official observance.

Youth Shelters

Big Horn Basin Group Home

405 West C Street
Basin, WY 82410

Phone: 307/568-2222

Website: <http://basinhome.com>

BHB Group Home is a private, nonprofit welfare organization serving adolescents from across the US, up to age 17 years. Offers long term care for boys and girls struggling with sexual or physical abuse, emotional disorders, runaway behavior, or drug and alcohol abuse. BHB Group Home develops individualized care plans for each child's emotional and educational needs, and also teaches life skills, household and money management skills, and independent living skills.

Heart Mountain New Beginnings, LLC

939 Road 23
Powell, WY 82435

Phone: 877/996-2697

Email: jon@wyoboys.com (Jon Carter, Vice President)

Website: www.wyoboys.com

A non-denominational but Christian based, family setting program for troubled adolescent boys. Boys complete regular school work along with counseling and ranch-type chores to learn responsibility and decision-making skills. The program also utilizes equine therapy to teach compassion, responsibility, patience, and leadership skills. Call for tuition information.

Ft. Shiloh Boys' Ranch

PO Box 2350
Cody, WY 82414

Phone: 307/645-3211

Email: admissions@mtcarmelyouthranch.com

Mt Carmel Youth Ranch

428 Road 1 AF
Powell, WY 82435

Phone: 307/645-3380

Email: admissions@mtcarmelyouthranch.com (Tom George, Director)

Website: www.mtcarmelyouthranch.com

MT Carmel Youth Ranch is an alternative boarding school designed for troubled teens and at-risk boys aged 12-17. We are owned and operated by a devout Catholic family who utilizes a unique therapeutic approach that focuses on building the Christian virtues within the wounded adolescent. Located on 40,000 acres that overlook the Beartooth Mountain range of northern Wyoming, MTCYR is a “real working cattle ranch” that offers students an authentic western experience. We believe that engagement with livestock and other ranch activities is instrumental in educating the mind, strengthening the body, and elevating the spirit. MT Carmel Youth Ranch utilizes several types of therapeutic programs as well as providing education and vocational training.

VCC Group Home (Vernon C. Condie Home)

468 Hamilton Way
Powell, WY 82435

Phone: 307/754-8400

307/754-9255

307/271-7460

Email: youth@tritel.net (Ty Barrus, Executive Director)

Live-in facility for children ages 12-17. Tutoring available.

Trinity Teen Solutions

89 Rd 8 RA
Powell, WY 82435

Phone: 307/645-3384

Email: admissions@trinityteensolutions.com

Website: www.trinityteensolutions.com

A Christian boarding school/youth ranch for troubled girls. Girls will experience a family atmosphere complete with active participation in experiential education, academics, chores and caring for animals, all while residing in cozy country cabins with live-in staff. Therapy is tailored to each girl's needs.



Wyoming 2-1-1 Fact Sheet

(March 1, 2012)

- 2-1-1 is any easy to remember free non-emergency telephone number that connects callers to information about critical health and human services available in their community.
 1. Basic human needs: food banks, clothing, shelters, rent assistance, utility assistance.
 2. Physical and Mental Health Resources: medical information lines, crisis intervention services, support groups, counseling, drug and alcohol intervention, rehabilitation, health insurance programs, Medicaid and Medicare, maternal health, children's health insurance programs.
 3. Employment Support: unemployment benefits, financial assistance, job training, transportation assistance, education programs.
 4. Support for Older Americans and Persons with Disabilities: home health care, adult day care, congregate meals, Meals on Wheels, respite care, transportation, and homemaker services.
 5. Support for Children, Youth and Families: Quality childcare, Success by 6, after school programs, Head Start, family resource centers, summer camps, recreation programs, mentoring, tutoring, protective services.
 6. Disaster information, volunteer opportunities and donations.
- Benefits:
 1. One call gives you access to resources across the state and communities. 2-1-1 is efficient, fast and easy to use. Language assistance is available.
 2. No more wrong numbers, no time wasted finding resources.
 3. 2-1-1 is a confidential call, and maintains the integrity of 9-1-1 system, saving vital community resources for life and death emergencies.
 4. Efficient communications infrastructure through which to quickly disseminate public health and crisis preparedness information or changes in federal, state or local programs.
- Status - As of October 2011, all 50 states are operating a 2-1-1 Information and Referral Line. Wyoming was the 48th State in the nation to open a call center in February of 2011.
 1. Our community database currently contains 212 agencies, 634 combined services throughout the state, with over 639 client records and 2,430 contacts, a total of 990 referrals have been made as of February 29, 2012.

2. Wyoming 2-1-1 plans in 2012 to begin Phase two of expansion efforts in six additional counties in northeast Wyoming, and Phase 3 in 2013 in northwestern Wyoming, if not sooner.

Wyoming 2-1-1 is a 501(c)(3) non-profit. The system relies on a strong relationship between public agencies and service providers to keep the database current and to communicate when there is a need for citizen notification.

www.wyoming211.org - [facebook.com/WY211](https://www.facebook.com/WY211)

Linda Reynolds, Executive Director